



## On Belay: Peer to Peer support for Veteran Transition

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NC Albert Schweitzer Fellows 2016-2017



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### Project Overview

The basis of this project was to assist veterans dealing with adjustment issues in transitioning to civilian life. There is a large gap between leaving the military and finding ones place post-active duty so the aim of this project was to provide support to those veterans struggling with that adjustment and connect them with the resources available in the community and through Veterans Affairs in order to make their transition more manageable.

This was achieved by researching which resources were available to veterans in our community and connecting veterans participating in our project to the resources they needed at the time they needed them.

### Results

- 36 veterans who showed interest in our project were connected with resources that seemed pertinent to their individual cases at the time
- Of the 36 veterans, 27 followed up with the resources provided to them

### Sustainability

Collaboration is being pursued with a government agency looking to create a similar system for the US Military under a more official capacity.